

PRE-OPERATIVE INSTRUCTIONS FOR CATARACT EYE SURGERY FOR ADULTS

1. **MEDICATIONS BEFORE SURGERY:** If you have been prescribed oral medications, take them at the correct time with water before your surgery. It is especially important to take high blood pressure medication, if prescribed. If you are diabetic, we will schedule your surgery accordingly so you can eat and not disrupt your medication routine.

MEDICATIONS FOR CATARACT SURGERY: On your pre-op day, you will be receiving a prescription for Acular, Zymar eye drops. You will be given a sample of Pred Forte eye drops. Please take the eye drops as instructed on the eye drop instruction sheet. Take any other prescribed eye drops on schedule, unless otherwise advised.

2. **EATING INSTRUCTIONS:** Please follow the instruction following the check box:

CATARACT SURGERY

- Morning cataract patients: You may have clear liquids only before surgery.
 - Afternoon cataract patients: You may have clear liquids up to 3 hours prior to your surgery.
3. **ASPIRING, COUMADIN, BLOOD-THINNERS (as applicable):** For standard cataract surgery, it generally is not necessary to stop taking aspirin or other blood-thinners.
 4. **MAKEUP:** Do not use any eye or facial makeup for two hours before the surgery. Thoroughly wash off any facial creams and makeup before coming in for the procedure. Remove makeup from eyelids and lashes.
 5. **CLOTHING:** Please wear two-piece, loose fitting clothing (i.e., button down the front blouse or shirt and slacks) on the day of surgery.
 6. **VALUABLES:** Please leave any money, jewelry, and other valuables at home.
 7. **TRANSPORTATION: IMPORTANT - YOU MUST HAVE A RESPONSIBLE ADULT TAKE YOU HOME AFTER SURGERY BECAUSE OF POSSIBLE ANESTHESIA AND VISION EFFECTS. WE RECOMMEND THAT YOU NOT DRIVE A CAR FOR 24 HOURS AFTER SURGERY. ALSO, YOU SHOULD NOT DRIVE WITH AN EYE PATCH.**