



INSTRUCTION SHEET CIRCUMCISION AFTER-CARE

1. 24 hours after the circumcision remove the vaseline gauze. Soaking with warm water facilitates removal.
2. Clean any blood or debris with hydrogen peroxide. The diaper area can be cleaned with warm water for the first 24 hours. After that you may use your favorite wet-wipe. It is recommended to wait a minimum of one week before a full bath, and until the umbilical cord has fallen off.
3. Apply double antibiotic ointment (Polysporin) on every diaper change for 1 week or until after the circumcision area is healed.
4. A small amount of blood (size of a quarter or smaller) is normal. This requires no special care. Notify the doctor if you see bleeding freely or the area is larger than a quarter.
5. The circumcision takes about 2 weeks to heal. A small amount of swelling is normal. If a large amount of swelling occurs and the baby appears to be in pain, contact the doctor. During this time you may see some whitish or yellow membranes. If they do not wipe off easily this means they are normal and require no special care. If the membranes wipe off easily, this may be an indication of infection and you should notify the doctor immediately.
6. In order to prevent adhesions, gently retract the remainder of the foreskin every day. The daily use of vaseline helps to prevent this problem and facilitates this procedure.
7. Your baby may feed as usual after the circumcision.
8. If no significant problems occur there is no need to recheck the circumcision. However, do not hesitate to call our office if any significant problem arises.

I have received a copy of the
above information.