

# Patients: Please Read Mohs Surgery Instructions



7000 Boulder Avenue • Highland, California 92346  
(909) 862-1191 (24 hours - Day or Night)

**John F. Zdrojewski, MD**  
Diplomate, American  
Board of Dermatology

Your surgery appointment is at \_\_\_\_\_ A.M P.M. for all day  
on \_\_\_\_\_ at the Highland office.

## PREOPERATIVE SKIN SURGERY INSTRUCTIONS

1. Take no aspirin or aspirin-containing medicine for 7 days before the surgery. Aspirin is contained in many prescription and over-the-counter products. Please check the ingredients.
2. If you are taking **warfarin (Coumadin)**, please discontinue taking it 4 days prior to surgery date. Before stopping the medication, please contact the physician who prescribed it for you, and make sure he/she is agreeable to this. If you cannot stop taking it, please contact our office.
3. Do not take ibuprofen (Motrin, Advil, Nuprin, or Medipren) for two weeks before the surgery. You may take acetaminophen (Tylenol, Anacin 3, Panadol and other brand names). Also, if you are taking clopidogrel (Plavix), stop it 1 week before the surgery.
4. If, before the day of the planned surgery, you are put on any new drugs by any physician or dentist, please contact our office. Dr. Zdrojewski needs to know all the medicines you are taking. Please bring a written list of all the current medications you take including any over-the-counter products. **DO NOT STOP TAKING YOUR NORMAL MEDICATIONS UNLESS THEY CONTAIN THE MEDICATIONS PREVIOUSLY MENTIONS HERE.**
5. If you are given a prescription for antibiotics by Dr. Zdrojewski, to take on the surgery date, please read the directions carefully. You will be instructed to take part of the medication one hour prior to your scheduled time to arrive at the office. Please bring the remainder with you as you will have to take them 6 hours after the first dose and you may still be here at that time.
6. Plan on being here **ALL DAY**. We cannot guarantee a time you will be done, so it is best not to make any commitments on this day. As the day progresses, we will be able to be more accurate about the time you will be ready to go.

(over)

7. You may bring snacks or a lunch to eat while you are waiting. Although food is available nearby, **Dr. Zdrojewski would prefer that you do not leave the building**, so you would need someone to bring it to you. So bringing a lunch is more practical.
8. There may be considerable waiting time, so bring something you like to do to pass the time.
9. Ingest no alcoholic beverages for two days before or after the surgery.
10. On the day before and the day of the surgery thoroughly wash with soap and water the **entire general area** of the planned surgery. Do not apply lotions, creams, oils or cosmetics on or around the planned surgical area. Please do not wear any jewelry on or around the planned surgical site.
11. Wear clothes that are comfortable and that are easy to put on and remove. Generally, do not wear a shirt or blouse that requires pulling over the head; wear a buttoned garment instead.
12. If the planned surgery involves the area of the eyes, ears, hands, feet or any other area where the post-operative bandage might interfere with driving, bring along a family member or friend capable of driving you home. If you need to make driving arrangements, please keep in mind that you **MAY** have to return the next day.
13. If it is necessary to cancel or change your appointment for any reason, please try to give us two days advance notice.

Thank you for your cooperation.