

## Your Personal Physician



Your primary care physician oversees all aspects of your health care including:

- Treating illness
- Preventive care & annual exams
- Referrals to specialists

You will find primary care physician profiles with pictures online at [www.beavermedicalgroup.com](http://www.beavermedicalgroup.com). Patient Service Advisors are available at 800-831-0001 to provide you with physician information and a form to have your medical records transferred from your previous physician.

If you have an HMO plan, you must call your health plan to select a Beaver Medical Group primary care physician. Then you will be able to use all of the services available at Beaver Medical Group.

Primary care physicians are available in:

- Family Medicine
- Internal Medicine
- Pediatrics



## Affiliated Hospitals & Centers

- Redlands Community Hospital
- San Geronio Memorial Hospital
- Highland Springs Surgery Center/ Medical Plaza
- Inland Surgery Center

## History

Dr. Meredith G. Beaver, a Surgeon who trained at the Mayo Clinic, established Beaver Medical Clinic in 1945. He was joined by Dr. Espey Cannon, Dr. Joseph Hayhurst and Dr. Gordon Witter, several of whom had also served in World War II.



## Specialty Physicians

Your primary care physician may refer you to one of the many board-certified specialists located at Beaver Medical Group facilities. You can book your appointments directly for OB/GYN well women exams, optical eye exams and audiology hearing exams.

- Audiology
- Allergy
- Anesthesiology
- Cardiology
- Dermatology
- Endocrinology
- Family Medicine
- Gastroenterology
- General Surgery
- Hospitalists
- Internal Medicine
- Neurology
- Obstetrics / Gynecology
- Occupational Therapy
- Ophthalmology
- Optometry
- Orthopedics



## On-Site Services

- Laboratory Drawing
- Radiology
  - X-ray
  - Mammogram
  - Ultrasound
  - Sonogram
- Cardiac Testing
  - Stress Testing
  - Echocardiography
- Infusion Centers
- Gastroenterology Testing
  - Colonoscopies
  - Sigmoidoscopies
  - Upper Endoscopies



## Insurance

Most major insurance plans accepted including HMOs, PPOs and Medicare. To learn about Utilization Management decision making, visit the insurance section of [www.beavermedicalgroup.com](http://www.beavermedicalgroup.com). If you have a copay or deductible, payment is due at the time of service.

## After Hours & Urgent Care

If you have a sudden illness or injury, you may walk in to one of our Urgent Care Centers. Remember, if you have a life-threatening situation such as chest pain, heart attack, stroke or severe trauma, call 911 or go to the nearest Emergency Room immediately.



**Redlands Urgent Care**  
245 Terracina Blvd, Suite 102  
Open 7:00 am to 11:00 pm  
every day of the year

**Highland Urgent Care**  
7000 Boulder Avenue  
Open 7:00 am to 11:00 pm  
every day of the year



**Beaumont Urgent Care**  
81 S. Highland Springs Ave., Suite 101  
Open 7:00 am to 9:00 pm every day of the year

## Medical Advice

Call 909-793-3311 anytime day or night!  
• Speak to your own doctor's office on weekdays.



and give you advice for care.

- The Nurse Advice Helpline can help you on nights, weekends and holidays for free.

Registered Nurses staff the phones after-hours to assess your situation

## Redlands Saturday Pediatric Clinic

Same day appointments are available with pediatric medical staff on Saturdays in Redlands from 9:00 am to 12:00 pm. Call 909-793-3311 in the morning. Phones open at 8:00 am.

## Health Education

### Educate, Motivate, Empower

Learn how to improve your health with Health Education's free programs. Beaver Medical Group has an award-winning staff of certified health education professionals who teach classes and provide individual counseling.

### Free Programs Include:

- Advance Health Care Directives
- Asthma Care
- Back Care
- Be Tobacco Free
- Cholesterol Control
- Congestive Heart Failure
- COPD
- Diabetes/ Pre-Diabetes
- Healthy Aging Seminars
- Family Fit
- Healthy Habits
- Hypertension
- Intuitive Eating - Stop Dieting
- Nutrition Counseling
- Pilates
- Relaxation and Meditation
- Stress Management
- Support Groups
- Weight Management
- Yoga



Register for classes at:

[www.beavermedicalgroup.com](http://www.beavermedicalgroup.com)

or call 909-335-4131

## Online Patient Portal

You can login at [patient.beavermedicalgroup.com](http://patient.beavermedicalgroup.com) to:

- View lab and test results
- Request medication refills
- View medical chart summary
- View immunizations

Ask your doctor's office for pin to sign up for the portal.

## Directory

Patient Service Advisors 800-831-0001

### Redlands Offices

2 West Fern Avenue 909-793-3311  
Appointments 909-335-4105  
On-site Pharmacy (CVS) 909-793-9398

245 Terracina Blvd.  
Pediatrics - Suite 202 909-335-0200  
Physical Therapy, Suite 105 909-792-9737  
Surgery - Suite 209C 909-793-3311  
Urgent Care, Suite 102 909-792-2605

259 Terracina Blvd. Orthopedics 909-793-2634

345 Terracina Blvd. Urology 909-793-2714

1690 Barton Road, Suite 200 909-793-3311  
Eye Care Appointments 909-335-4112  
Rheumatology Appointments 909-335-4105

### Redlands - Beaver Advantage Health Center

1600 East Citrus Ave, Suite A 909-794-3682

### Redlands - Health Education

1150 Brookside Ave, Suite U 909-335-4131

### Banning Offices

6109 West Ramsey Street 951-845-0313  
Appointments 951-845-0372

5957 West Ramsey Street 951-845-0313  
Appointments 951-845-0313

### Beaumont - Highland Springs Medical Plaza

81 S. Highland Springs Ave. 951-845-0313  
Appointments 951-845-0313

### Colton Office

1300 East Cooley Drive 909-370-4100  
Appointments 909-370-2778

### Highland Offices

7000 Boulder Avenue 909-862-1191  
Appointments 909-862-1736  
Audiology 909-425-3316

7223 Church Street 909-862-1191  
Appointments 909-862-1736

### Yucaipa Office

33758 Yucaipa Blvd. 909-795-9747  
Appointments 909-795-1738

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-481-2002  
注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-481-2002

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since 1945



Award Winning Care

- Over 200 Physicians in 25 Specialties
- 3 Urgent Care Centers Open Every Day
- Most Insurance Plans Accepted
- Free Health Education Classes



[www.beavermedicalgroup.com](http://www.beavermedicalgroup.com)