



INSTRUCTION SHEET POST-MYRINGOTOMY & TUBE

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Post-Myringotomy and Tube Instructions

- Pain, if present, is usually mild. Use Tylenol for irritability or ear pain.
- A light pink or slightly bloody discharge from the ears may occur following surgery.
- Children are usually able to resume their normal activity and diet soon after they are allowed to go home from the surgery center.
- If you are given a prescription for an antibiotic ear or eye drop solution, use the medication as follows:
 1. Lay child down with ear turned up.
 2. Gently pull ear back to open ear canal.
 3. Place drops in the ear canal and gently shake or massage the ear.
 4. Wait a few minutes before placing drops in the opposite ear.
- Avoid allowing water from entering the ear canal at all times. Use earplugs if necessary.
- Call Dr. Umeda's office or Nurse Advice Unit (after hours) if pus drains from the ear, if there is prolonged bleeding, or if there is severe ear pain.
- Return to Dr. Umeda's office in approximately 2 weeks to make sure the tubes are functioning properly.

Dr Umeda's office (909) 862-1191 ext 5467 or 5468

Nurse Advice Unit (909) 862-1191