



Obstetrics & Gynecology
Highland: (909) 862-1191
Redlands: (909) 793-3311

Post-Operative Instructions for D & C

- No intercourse, douching or tampons for one week
- Report excessive bleeding (saturating a pad every ½ - 1 hour)
- Report foul discharge or fever over 100.5 degrees
- No bathing in the tub or jacuzzis for three days
- Take medication as ordered
- Use Motrin or Advil as needed for cramps
- See your OB/GYN physician in three weeks