

# Patients: Please Read

ON DAY RECEIVED and  
DAY BEFORE PLANNED SURGERY



7000 Boulder Avenue • Highland, California 92346  
33758 Yucaipa Boulevard • Yucaipa, California 92399  
6109 West Ramsey Street • Banning, California 92220

**Richard D. Doty, M.D.**  
Diplomate, American  
Board of Dermatology

**John F. Zdrojewski, MD**  
Diplomate, American  
Board of Dermatology

Your surgery appointment is at \_\_\_\_\_ A.M P.M. for \_\_\_\_\_ minutes  
on \_\_\_\_\_ at \_\_\_\_\_ office.

## PREOPERATIVE SKIN SURGERY INSTRUCTIONS

1. Take no aspirin or aspirin-containing medicine for one week before the surgery. Aspirin is contained in many prescription and over-the-counter products. Please check the ingredients.
2. Do not take ibuprofen (Motrin, Advil, Nuprin, or Medipren) for two weeks before the surgery. You may take acetaminophen (Tylenol, Anacin 3, I and other brand names). Also, if you take clopidogrel (Plavix), ticlopidine hydrochloride (Ticlid), dipyridamole (Aggrenox) stop it 1 week before the surgery.
3. Ingest no alcoholic beverages for two days before or after the surgery.
4. If, before the day of the planned surgery, you are put on any new drugs by any physician or dentist - please contact the doctor. He needs to know all the medicines you are taking.
5. On the day before and the day of the surgery thoroughly wash with soap and water the **entire general area** of the planned surgery.
6. On the day of the surgery do not wear **any** cosmetics or jewelry in the general area of the planned surgery.
7. Wear clothes that are comfortable and that are easy to put on and remove. Generally, do not wear a shirt or blouse that requires pulling over the head; wear a buttoned garment instead.
8. If the planned surgery involves the area of the eyes, ears, hands, feet or any other area where the post-operative bandage might interfere with driving, bring along a family member or friend capable of driving you home from the office. If you have been told by the doctor that you will receive a pre-operative sedative or generalized pain-killer (not just a local anesthetic) then you must bring along someone who can drive you home.
9. If it is necessary to cancel or change your appointment for any reason, please try to give us two days advance notice.

Thank you for your cooperation.